

NEW YORK CYCLE CLUB INC.

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SEPT 1977

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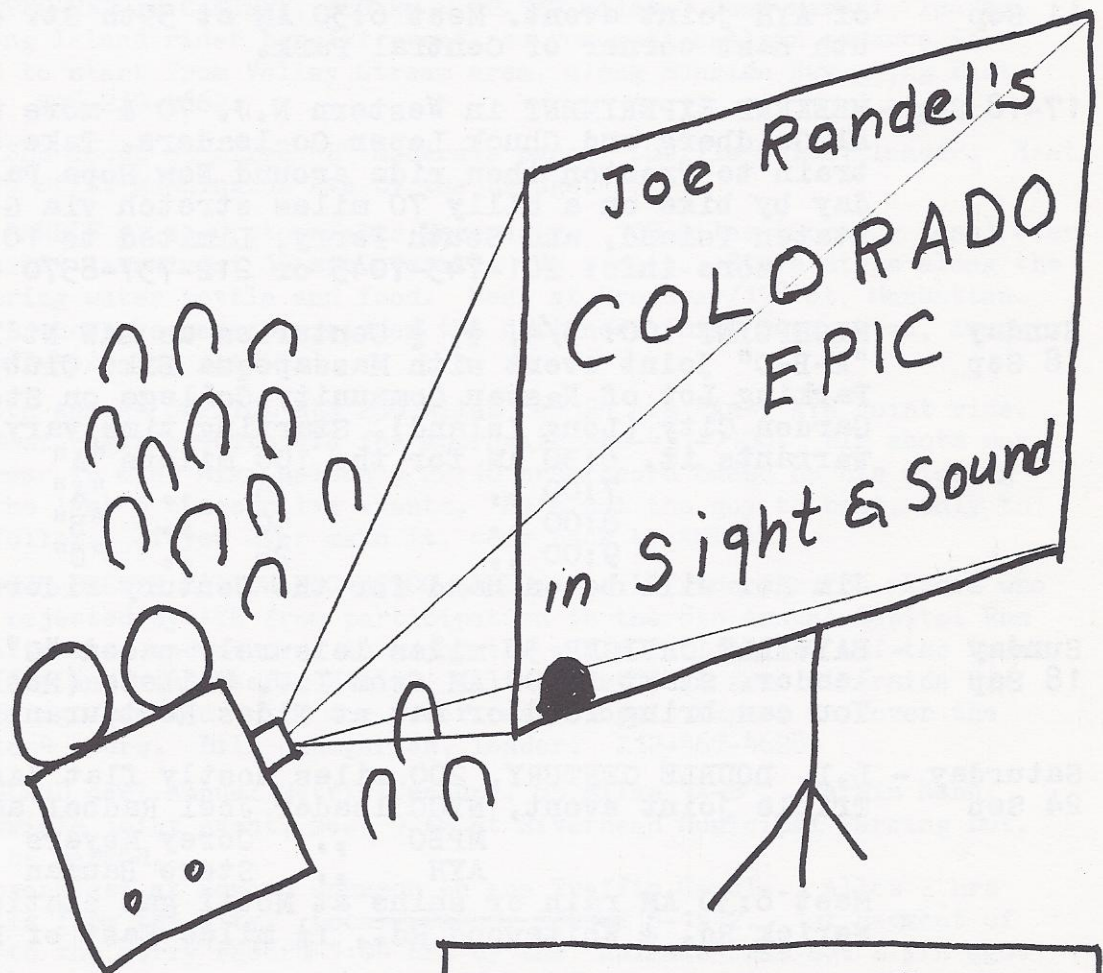
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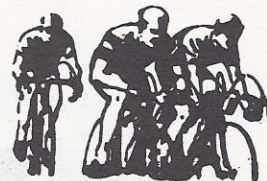
TUES. SEPT. 20

6 PM - Cocktails
6:45 - Dinner
7:45 - Program

RINALDO'S REST.
32 E. 32 St.
(one flight up)
near Lex. Ave subway



Rides For The Month



In order to help your Rides Chairman in his task of serving your Club better: leaders (past, present, and future) are asked to send rides in advance not later than 19 Sep for the next bulletin, covering the period of 15 Oct. to 6 Nov. 77. Anything beyond that will be shelved for the one after that. Try to stick to the format below, with no more than 5 liners preferred. After your ride please tell me how it went.

NO RIDE IS TOO SMALL OR TOO BIG IF THERE IS A LEADER FOR IT.

10-11 Sep See earlier listings in last bulletin also.

Sunday - BEAR MOUNTAIN CENTURY, 100 miles "A". Steve Bauman, leader
11 Sep of AYH joint event. Meet 6:30 AM at 59th St. & 5th Ave, South East corner of Central Park.

17-18 Sep - WEEKEND EXPERIMENT in Western N.J. 70 & more miles "A & B"
Al Goldberg and Chuck Loper Co-leaders. Take 8:00 AM Amtrak train to Trenton then ride around New Hope Pa. Return next day by bike on a hilly 70 miles stretch via Goethals Bridge, Staten Island, and South Ferry. Limited to 10 riders.
More info: 201-743-7045 or 212-737-8570 .


Sunday - HIGHPOINT 100: $\frac{3}{4}$, $\frac{1}{2}$, $\frac{1}{4}$ Centuries as LAW Nt'l patch rides.
18 Sep "A-B-C" joint event with Massapequa Bike Club; meet at North Parking Lot of Nassau Community College on Stewart Ave, of Garden City (Long Island). Starting time vary as distance warrants it. 6:30 AM for the 100 milers "A"
7:00 ,, 75 ,, "A"
8:00 ,, 50 ,, "B"
9:00 ,, 25 ,, "C"
Jim Rex will be on hand for the Century riders.

Sunday - BAYVILLE CRUISER 30 miles leisurely paced "C". Helen Bashkin
18 Sep leader. Start 10:00 AM from I.U. Willets (Roslyn - L.I.).
You can bring food or eat at Tides Restaurant.

Saturday - L.I. DOUBLE CENTURY, 200 miles mostly flat "AA".
24 Sep Triple joint event, NYCC leader Joel Radbel as "Super Trooper"
MPBC ,, Corey Meyers
AYH ,, Steve Bauman
Meet 6:30 AM rain or shine at Mobil gas station, corner of Merick Rd. & Whitewood Rd., $1\frac{1}{2}$ miles East of Rt. 107.

Saturday - WAVE HILL Environmental Center, under 30 miles "C". Lorra-
24 Sep ine Gewirtz and Sherman Cohen, Co-leaders.
Start 7:45 AM Brooklyn Bridge (Bkln side) to join with
9:00 ,, Central Park West & 72nd St. crowd.
Cycle to Riverdale's 28 acre estate where Teddy Roosevelt, Mark Twain, and Arthur Toscanini once lived, over looking Hudson River & Palisades.

Bring picnic lunch, bike lock, some money for special programs like concerts often held. (Schedule unavailable at press time.)

- Sunday - SUFFOLK 100, "A" with Jim Long, leader. For the benefit of remaining members
 25 Sep of our club in the area. Ride will commence if sufficiently warranted. Call to inform the leader of your intention to participate not later than Fri. 23 Sep. for remaining information of a joint ride. 516-928-0619.
- Sunday - CLUB RIDE - A-B-C - NORTHERN NJ & ROCKLAND COUNTY. Meet 8:30 AM at Grant's
 25 Sep Tomb, Riverside Dr/121 St; 9:00 at 178 St/Ft Washington Ave; 9:20 at Hudson Terrace pedestrian walk, NJ end of GW Bridge. 70 miles "A", leaders Harry Rutten and Bill Baumgarten; 46 miles "B", leader "Upright" Irv; 34 miles "C", leaders Mel Shleifer and Peter Carroll. Rerun of 24 July.
- Fri- - SCOR -77 WEEKEND at Tennanah Lake Shore. Get a preview of what the fall
 Sun, 30 foliage will begin to look like.
 Sep-2 More details elsewhere in the bulletin.
 OCT Days of A-B-C rides.....
- Sat - UNISPHERE under 25 miles leisurely paced "C". Charlie Oriez, leader. Meet
 1 Oct 10 AM at Flushing Meadows to ride the Queens bike trail to Nassau County border and back. Refer to July 10. Rain date: 9 Oct.
- Sunday - SUPER TROOPER METRIC CENTURY, 100 km = 62.137 miles. Joel Radbel, leader.
 2 Oct Another Long Island rider benefit event, so you must call in advance if interested to start from Valley Stream area, along Sunride Hwy going East and back. 516-239-2662.
- Sunday - NYACK CRUISER about 43 miles "B" moderate pace. Lucille Smith, leader. Meet
 2 Oct 8:30 AM 178 St/Ft Washington Ave by the bridge.
- Sunday - RESERVOIR RAMBLE #3 to Croton Falls Reservoir. 100 miles (more or less) over
 2 Oct somewhat hilly terrain at 10 mph overall. No picnic. Store stops along the way, but bring water bottle and food. Meet at Broadway/178 St, Manhattan. For members who have recently ridden the distance. Bill Baumgarten, leader. Call 212-567-4628 for details.
- Sat -  8th ANNUAL CAPITOL RUN 250 miles per 24 hrs "AA+" AYH joint ride.
 8 Oct Must register with AYH for approval, 212-431-7100. Big shots may bear in mind Mike Nelson's 22:10 hrs record based on his winning the last 5 consecutive events. He's not the guy to beat, only to follow. If you ever make it, come back by AMTRAK.
- Sat - SCENIC HUDSON-SLEEPY HOLLOW-POCANTICO HILLS 40 mile ride for "B" riders who
 8 OCT have been rejected by AYH from participation in the 8th Annual Capitol Run (and Manhattanites and others) to enjoy the early fall scenes of the Lower Hudson Valley and Westchester Hills. Will depart 8 AM from Riverside Dr/121 St. Bring food and drink for brief rest stops. Expect to cover the distance in 4 hours. Bill Baumgarten, leader. 212-567-4628.
- Sun - SHELTER ISLAND semi annual Metric Century, 65 miles "A-B". Marvin Kahn,
 9 OCT leader. Triple joint event, meet 9 AM at Riverhead Municipal Parking Lot. Road will be marked.
 Pre-ride breakfast at Howard Johnson on the Traffic Circle. Allow 2 hrs driving time from the City. Local weather 516-WE 6-1212. 1st segment of 26½ miles to the ferry record 1:04 hrs by the "Animals" was set 2 yrs ago. Chainwheel massacre also optional....

PREVIEW OF ADDITIONAL OCT. RIDES

- 16 Oct. STATEN ISLAND BIKE TRAIN with Eric and Gloria Carter (B&C)
- 16 Oct. SOUL*SATISFYING FALL FOLIAGE TOUR (B) starting in Allamuchy in western NJ. A joint ride with the Metuchen Bicycle Touring Society, led by our own Harry Rutten, the scenery lover.
- 23 Oct. CLUB RIDE (A,B,C) into northern NJ and beyond.



REGULAR RIDES - LEADERLESS

CENTRAL PARK	9:00 AM	Sat. & Sun.	from Boathouse
BEDFORD VILLAGE	9:15 ,,	Sun. ,,	Firehouse
WESTCHESTER	9:00 ,,	Sat. ,,	Milkmaid Diner
LONG ISLAND (Roslyn)	10:00 ,,	Sat. & Sun. ,,	I.U.Willets School parking lot
EASTERN LONG ISLAND (Bridgehampton)	10:00 ,,	Sun. ,,	Soporific Bike Shop Montauk Hwy (Rt. 27)

SEPTEMBER

	73	74	75	76	77
AA+	(1)	(1)	(1)	1	1
AA	-	1	-	1	1
AA-	-	-	-	-	-
A+	-	-	1	-	-
A	5	2	2	5	9
B	4	6	6	8	8
C	2	3	-	6	6
D	-	-	-	-	-

SEPTEMBER

	73	74	75	76	77
Saturday	2	3	1	8	7
Sunday	8	7	8	12	18
Other	1	2	-	1	-

Supplementary Data of Scheduled Rides

"Capitol Run" wasn't listed till the Club was ready for it (73,74,75).

Sometimes in the past, Bulletins were missed from publication as the schedule wasn't much formalized till recently. I would like to get a wiew of 73 November and 74 October copies if they ever existed at all, for the up coming tabulations. If anyone got them please let me know..

RIDE REPORT (Recaps):

MONTAUK CENTURY 115 miles got a new record time of 5:23 hrs set by a girl who was 2nd last year. Mike Nelson wasn't anxious to work at his past record being broken, left her the option wide open. The result below.

- 1st with 5:23 hrs Sandy Gross of NOMAD-Toga
- 2nd ,, 5:23 ,, Jim Rozar ,, GBC & AYH
- 3rd ,, 5:23 ,, Avalo York ,, CRCA (possible Junior Class)
- 4th ,, 5:35 ,, Mike Nelson ,, NOMAD-Toga (76's record holder)
- 5th ,, 5:35 ,, Glen Knight ,, ,, (Mike's Lieutenant)
- 6th ,, 5:50 ,, Jim Rex ,, CRCA & NYCC (Veteran record holder 77)
- 7th ,, 5:55 ,, Anthony Scott Unatached
- 8th ,, 5:55 ,, E. McAulay ,, CRCA
- 9th ,, 6:00 ,, Mike Pierce ,, ,,
- 10th ,, 6:00 ,, John Dacey ,, Unatached
- 11th ,, 6:23 ,, Eddy Gorney ,, ,, 15 yrs old on clinchers
- 12th ,, 6:23 ,, Frank Gileta,, KOC & NYCC (Jim's Lt. w/o any sleep)

There were individuals sacrafricing themselves in a syndicated effort to help the group break a record. A "Prospect Wheeler" burned out by attacking at the front the 1st 50 miles like a kamikaze. Next Frank was blacking out in the heat at about 70 miles. Jim pulled of the 100 miles in 5:04 hrs and decided to stop and eat. Jim Rozar with his "Afrika Korps" style of goggle played blitzkrieg for the remainder. Sandy at a definite advantage at playing ball buster with the guys, beat them to the sprint.

With no prizes coming forth, Jim Rex on a shoestring budget awarded Sandy with a shoe string.(Yet to be delivered).

Among the 120 riders were Susan Freirich with a streamlined body sporting a Richard Sachs bike, and Bob Perl "Rookie of The Year" with a fully chromed Le Jeune. All the riders got their money's worth.

FROM THE VEEP'S DESK

It wasn't very long ago that we were looking forward to GEAR, Spokes and Sparklers, Labor Day and other long weekends, and now here we are nearing the end of summer. All of these nice long summer weekends are now history except for SCOR which will be upon us soon.

SCOR is sponsored by the Catskill Wheelmen of Monticello and is held at the Tennenah Lake Shore Lodge in Roscoe, NY from Friday, September 30th through Sunday, October 2nd. This is very scenic country, and this weekend comes at the height of the fall colors. There is also the possibility of a Columbus Day weekend at Pakatakan Lodge in Arkville, NY the following weekend, October 8, 9, and 10. Irv Weisman is scouting out another possible weekend around New Hope, Pa. He will have more about this shortly.

Janet and I spent two delightful weeks in Bermuda during the latter part of July. There is much to see and do on this small island; and one of the best and most popular way to do it is by bicycle or moped. Automobiles are severely restricted in Bermuda. Only the residents may own them, and only one car is permitted to a family. There is no car rental. Tourists must rely on public busses, taxis, bicycles, mopeds, and motorcycles. The speed limit is twenty miles per hour. The reason for this is plain to see as the roads are very narrow and full of twists and turns. The roads are very smooth and beautifully maintained; and there are enough hills to make bicycling interesting and challenging. The hills are not long; but many of them are quite sharp and sometimes steep, but the scenery is unbelievably beautiful. It is truly a cyclist's paradise.

I managed to get out on my bike every other day from about 9:30 AM until about 1 PM, and would average about 30 miles allowing for sight-seeing stops, and picture taking. This would give us the afternoon for swimming.

At the monthly meeting on September 20th the NYCC will be treated to an outstanding show by our ace photographer, Joe Randel. Those of us who have been fortunate enough to have seen his work will be out in full force to see this latest epic. Those who have not done so should make every effort to attend this meeting. You can't afford to miss this one.

Coming up at the October meeting on October 18th will be a "White Elephant" auction. If you have any items pertaining to bicycling that are in good to new condition; here is your chance to sell them to your fellow club members. Anyone who wishes to participate in this auction should contact me no later than Tuesday, October 4th. Since only a certain amount of time is allotted at these meetings for entertainment the number of "auctioneers" and the time allotted to each one must be limited. Those who have items for the auction will be selected on a first come, first serve basis. One word of advise for those at the buying end - Please, NO CHECKS OR CREDIT CARDS. STRICTLY CASH ONLY.

In closing, just a reminder that time is drawing closer for the selection of officers and board members who will represent you in 1978. Now is the time to start thinking about this. There will be two meetings for nominations, followed by a mail ballot where all eligible members will be able to cast their votes. More about this elsewhere in the bulletin.

The summer may be about over, but there is still plenty of good cycling weather ahead. Let's make the most of it, and Keep Those Wheels Spinning.

Bob Herzfelder

The Prez Sez...

Wow, when you read Jimmy's account of some rides, you think you're following war games instead of a day of pleasure cycling. "Kamikaze", "Afrika Korps", "people dropping like flies", "tongues hanging out down to here", people burning themselves out, etc, etc.

Well, I guess we all realize that different people get their jollies in different ways. But I particularly want to reassure newer members of the club that there are ways to enjoy the sport of cycling other than by courting dehydration, death, and other lesser disasters. Nor is the pleasure of the day necessarily measured by how many people you "drop" or leave gasping in the dust, or "psyche out" on the hills.

The New York Cycle Club has very many members who enjoy riding together, enjoying the scenery, their conversation, and even the leader's admonitions to "keep to the right", "ride single file when there is auto traffic alongside", "stop at the red light", and such other poetic reminders of proper road manners. And did you know that we have a coterie of Francophiles who chatter away in French for miles on end at 12 mph? They only pause momentarily when I shout at Giselle S. "à droit" to get her from drifting too far into the left lane.

So don't be put off by Jimmy's reportage of high heroics on the road. Choose C level rides led by leaders with historic and nature-loving souls such as Lorraine Gewirtz and Sherman Cohen, and Eric and Gloria Carter, or by scenery and hill lovers such as Harry Rutten. In fact, plan to come out Sun. Sept. 25 on our Club Ride for a bit of pleasant suburbia (B&C sections) which can be topped off with some scenic hills for the A riders. No dropping, no psyching out, just good cycling fun on nice roads with a few hills to give the bike some exercise. All the groups meet in a park for a last lunch or snack before we head back to the G.W. Bridge. On the way back, cheer as Morris Sloma climbs further up the hills than he has ever done before. If he doesn't, I'll take back the low gears I installed on his bike during our Labor Day weekend at Tennanah Lake Lodge! Morris, are you paying attention?

THE LABOR DAY WEEKEND

Ah, that was beautiful riding - I am told. I didn't do any riding. Sat. morning, after a good nite's sleep and a fine breakfast, I began pumping up my tires. On the second stroke my back went out of whack, and all I could do was to shuffle around and to wave at the gang as they rode off. Then George Borgida fouled up his knee with some moderate riding. But Ellen Armour was the one to watch. She was scared out of her wits that her bike would never survive the vigorous surgery practiced on it from 9 to 11 PM Sat. nite by Irv Kratka, Peter Carroll, George Borgida, Bernard Halpert, myself, and Jerry Pellegrino who was the Chief Hacker, Pounder, Smasher, Filer, and Locator of rusty bolts which "will surely do the job". All this struggle because I did not bring up the proper bolts for mounting the magic 47-36 chainrings I had brought up expressly for Ellen. Was she ever surprised when the bike did run again, and, in fact, floated her (well, almost) up the hills. Such is the power of engineering design (the 47-36 chainrings) coupled with the enthusiastic improvisations of Jerry Pellegrino who filed and pounded away at the problem despite the nausea which normally overtakes him when he touches, or just sees, such small chainrings. Good sport, Jerry.

Aside from these little excitements, everybody had a swell time, including the tennis enthusiasts who got back from their rides in time for their reserved tennis games, the swimmers who enjoyed the lake, the walkers, and the readers. I enjoyed the enclosed swimming pool with its jets of warm water on my back. It felt just fine - very therapeutic. But when I tried to get dressed again, I couldn't put my pants on without Herbie lifting my foot another inch. And Sun. nite, in the Tavern, Bob tinkled on the piano with his left hand and tootled on his horn with his right hand. Those of us who were still mobile danced and stomped around the small dance floor. The local teenagers, who moved in and out freely, were amazed that "grown ups" could be having such a relaxed good time. One of them, dressed in his grandfather's smoking jacket, challenged Bob to play a jig. No sooner said, than Bob was right there with his piano and horn, while the young man jigged around the room.

Look, the long and short of it is this: If you missed that weekend, you missed a good one. Just resolve not to miss out next year when we'll probably head back there again. (I have^{yet} to try out my low gears on the 5 mile climb from Roscoe up to the lodge.)

SCOR WEEKEND

If you have the time and inclination, you can get up to the lodge for another fine weekend with the Monticello Wheelmen who are sponsoring SCOR, the Sullivan County October Rally, on the weekend beginning Fri. eve. Sept. 30 thru Sun. afternoon Oct. 2. The cost is \$44. Many of our club members are going up again. If you are interested, get in touch with Robert Klein of Rock Hill, NY 12755 who is handling reservations for SCOR. Since it is now past the reservation deadline, call him at (914) 796-3336 to find out whether there is last minute space for you. When you get back, feel free to consult with me about getting lower gears. My following is steadily increasing; feel free to join the growing numbers.

OTHER WEEKENDS

I just received a brochure from BEST BIKE TOURS, Inc. of 200 West 57 St. NYC 10019, (212) 246-5604 listing a Sag Harbor-Shelter Island Tour on Several upcoming weekends - Sept. 23-25, Sept. 30-Oct. 2, Oct. 8-10 - at a cost of \$80, double occupancy. I'll have some brochures at the meeting, but you can reach them by phone easily enough if you are interested. The riding sounds relatively easy.

TRANSPORTATION ALTERNATIVES

T.A. is going to put on a rally on Oct. 2 to highlight the need for considering the bicycle as part of the transportation mix necessary to reduce air pollution in the city. I think that they have backed off from their hard line on dedicated bike lanes as the only way to go. The rally will start at Columbus Circle and go down to Washington Sq. Park. Time is not known at this time. Their phone no. is: 425-3025. AYH, or some bike shops, may also know the details of the event.

FOR SALE FOR SALE FOR SALE

Bill Moran (non-member) has 2 Raleigh Internationals for sale. Size and other details are not known. His phone: 339-6100. His address: 1961 East 36 St. Brooklyn, NY.

RESTAURANT ARRANGEMENTS

We will be meeting again at Rinaldo's Restaurant at 32 E. 32 St. since it has a good layout for our needs, and is actually popular with many members. (A search committee has found that the prices are also quite competitive with other restaurants which are less suitable for us.)

We will be offered two sets of menus, with prices of \$6.50, \$7, \$7.50, and \$8 in each set. If you don't want to order dinner, you may order hors d'oeuvres and coffee for \$2 at a table set aside for that service so as not to confuse the dinner serving. Do not occupy a place at one of the dinner tables if you do not order a dinner. If you are unable to have dinner with us, it simplifies matters if you arrive after 7:45 when our meeting should begin. A table should be available to handle such latecomers. (I am sure I don't have to stress that the restaurant relies on most of us having our dinners at the restaurant.)

Please cooperate in the following manner to expedite the whole operation. When you arrive, please go to the bar to place your order for dinner; then start your socializing to your heart's content. When dinner is being served by Helga and Helen, please pay attention to what they are delivering. They don't like to shout, and we don't like being shouted at. A little cooperation will make the whole process work smoothly and pleasantly.

Come down for a Joe Randel spectacular - I may even show up in some of the scenes. But before that, be prepared to nominate your favorite cycling companions for all kinds of high office in our club. See you Tues. Sept. 20.

NEW YORK CYCLE CLUB
c/o M. Shleifer
POB 1081
Mt. Vernon, NY 10551

FIRST CLASS